



February 6-8, 2004

# Solid Rock Bible Camp Soldotna, Alaska

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## **BECOMING AN OUTDOORS-WOMAN 2004**

Becoming an Outdoors-Woman is a workshop focused on the learning of outdoor skills--skills usually associated with hunting and fishing, but useful for many outdoor pursuits. Designed primarily for women, it is an opportunity for anyone 18 years of age or older, and is for you if...

- You have never tried these activities, but have hoped for an opportunity to learn.
- You are a beginner who hopes to improve your skills.
- You know how to do some of these activities, but would like to try your hand at some new ones.
- You are looking for the camaraderie of like-minded individuals.

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#### Friday, February 6, 2004

10:00 - 12:00 Registration

12:00 - 1:00 Lunch

1:00 - 1:30 Welcome and program orientation

1:30 - 5:00 **SESSION I** 

Unless noted, much (if not all) of the class time will be spent <u>outside</u>. Please dress appropriately!!!

- **A. Firearms Safety.** Includes handling guns safely, selection and purchase of firearms and safe hands-on shooting of rim fire rifles. (Prerequisite for classes X, AH, AI, AJ)
- **B.** Trapping & Tracking. Interested in trapping but have never given it a try? Learn the how's, why's and when's of trapping and also learn to identify tracks and furbearer and fur animal habitat.
- C. Field Dressing Big Game. You've just harvested a big game animal! Now what? Learn to butcher game in the field. Instructors will talk you through it as you cut up a big game animal and pack it out of the woods!
- **D.** Fishing 101. What's the difference between spin casting and fly-casting? How do you catch grayling, pike, burbot, or rainbows? How do you put the gear together? Find out!
- **E.** Fly Tying. Creating a fly that will lure a fish is part science, part art. You will tie flies to entice your favorite sport fish! Experts will get you started.
- **F.** Canning & Smoking. Save that salmon, halibut or even whitefish by smoking, and enjoy the fish all year round. Recipes, techniques and tasting.
- **G.** Avalanche Safety. Going into the backcountry to enjoy winter activities such as skiing, snowboarding, snowshoeing, dog mushing or snow machining? Learn the proper techniques to become aware of the snow hazards in the area.
- **H.** Chainsaw Operation. How do you keep your wood stove fed? Try different kinds of saws, cut down a tree,

- cut firewood, and stack it in a woodpile, all in a safe and proper way! Timber!
- I. Maps & GPS. A GPS, map and compass can keep you from being lost. You'll read a map, take a bearing and follow it. Bring your own compass and GPS or use ours.
- **J. Winter Survival.** Don't be caught unprepared in the winter, either in the wilds or in your back yard. You'll learn how to use the right tools and attitude to survive.
- **K. Dog Mushing.** Whether you want to learn about dog mushing for fun, racing or packing gear, this is the class for you. Mushers from the Peninsula Sled Dog Racing Association will teach you about dog care, equipment and mushing skills with 2 to 4 dogs.

5:00 - 6:00 Social Hour

6:00 - 7:00 Dinner

7:00 - 9:00 Program (to be announced)

#### Saturday, February 7, 2004

7:00 - 8:00 Breakfast

8:30 - 12:00 **SESSION II** 

- L. Pack Animals. No, not in a suitcase. You will learn how to load your gear onto your llama, alpaca, goat or horse to travel into the wilds. Gear, animal care and how-to info is included, horseback riding is not.
- M. Skinning & Hide Prep. Learn to care for your harvest! This class will teach you how to skin and care for your critter's hide before it goes to the tannery. This is a hands-on class.
- N. Firearms Safety. (repeat of class A)
- O. Rod Making (Ice Fishing). Make and decorate a simple, easily packable wooden ice rod. It's a real thrill to catch a fish on a rod that you made. All materials supplied.
- **P.** Fly Casting. Beginner or intermediate, improve your fly-casting technique! Class includes principles, the casting loop, overhead cast, single haul, and basic roll cast.

- **Q. Salmon Fishing.** With 5 different species in our state fishing for each is a little bit different. Learn about the gear needed and where and when you can fish for them.
- **R.** Cross-Country Skiing. Are you a beginner skier or never been on skis before? Learn proper classic skiing techniques from Olympic biathlete Joan Miller.
- **S. Dog Mushing.** (Repeat of Class K).
- **T.** Winter Camping. It is possible to spend the night in the wilds during the winter and be comfortable and warm. Learn about equipment, techniques, and set up a camp!
- U. Dutch Oven Gourmet. Camping means salami and freeze dried foods, right? Why, when you can bake sour cream chicken enchiladas or homemade cinnamon rolls? Learn how with Dutch Oven Master Chef Bruce Campbell, and you'll cook a fabulous dinner! Tasting Required.
- **V. Snow Machining.** Learn the basics of safe snow machining handling, maintenance, and trail etiquette. Then get on and go riding with your group!

12:00 - 1:00 Lunch

1:30 - 5:00 **SESSION III** 

- W. Skin Sewing. Now that you have caught it, cleaned it, and tanned it, make something out of it. Learn how to make fur handicraft and take it home.
- X. Bear Safety & Defense. If you spend much time in the field in Alaska, you stand a good chance of encountering a bear. Knowing what to do can make a difference between having a positive or negative experience. Shotgun training is included in this class. (Class A, N, Hunter Ed, NRA, or 4H safety class is required).
- Y. Small & Big Game Hunting. Learn how, when, where and why to go hunting in this class and do it legally and safely. Lets go hunting!
- **Z. Ice Fishing.** Let's go fishing in the winter! Catch a rainbow trout or coho salmon on Longmare Lake under the expert guidance of Fish and Game biologists.
- **AA.** Fly Fishing. What is a fly rod? What is the difference between a wet fly and a dry fly? What kind of fish can you catch? You'll learn this and more!
- **AB.** Fishing 101. (repeat of class D)
- **AC. Skijoring.** Are you an intermediate skier? Want to learn how to skijor with the family dog or sled dog? Learn the proper gear, the correct commands and skijoring skills

- necessary to enjoy skijoring the trails by the skijorers from the Peninsula Sled Dog Racing Association.
- **AD.** Snow Machining. (repeat of class V)
- **AE. Pulk Sled Building.** Required class for beyond BOW students. Assemble a pulk sled and learn to ski towing your outdoor gear.
- **AF. Dog Mushing.** (repeat of class K and S)
- **AG. Snowboarding.** So you want to learn how to surf the earth? Well then strap on a board and let's go! This class will cover equipment and proper technique. Get ready to have some fun!

5:00 - 6:00 Free Time

6:00 - 7:00 Dinner

7:00 - 8:30 Program (to be announced)

### Sunday, February 8, 2004

7:00 - 8:00 Breakfast

8:30 - 12:00 SESSION IV

- **AH. Intro to Shotgun.** NRA and AK Hunter Ed instructors will have you breaking clay birds at the range. Shoot safely and accurately, and have fun! (Class A, N, Hunter Ed, NRA or 4H firearms safety class is required.)
- AI. Bear Safety & Defense. (repeat of class X)
- **AJ. Beginning Handguns.** With help from ADF&G Hunter Education and NRA instructors, you'll be shooting safely and accurately! (Class A, N, Hunter Ed, NRA or 4H firearms safety class is required.)
- **AK.** Ice Fishing. (repeat of class Z)
- **AL.** Caring For Your Catch. You've caught it, now what? After it's out of the water, try cleaning, filleting halibut, salmon & pike and discover tasty recipes too!
- **AM. Fly Tying.** (repeat of class E)
- **AN. Snowshoeing.** Tired of fighting your way through the snow? Learn how to walk on top of it. Strap on a pair of snowshoes and go for a hike with your group.
- **AO.** Cross-Country Skiing. (repeat of class R)
- **AP. Skijoring.** (repeat of class AC)
- **AQ. Dutch Oven Gourmet.** (repeat of class U)
- **AR.** Dog Mushing. (repeat of class K, S, and AF)

The Alaska Department of Fish and Game promotes hunting, trapping, fishing, and other fish and wildlife-related recreation in the belief that these activities can lead to the development of the conservation ethic critical to the long-term maintenance of Alaska's wild heritage.

Solid Rock Bible Camp is located two miles outside of Soldotna, just off the Sterling Highway.

Registration and general information are listed on the enclosed registration form. If the form is missing or you would like more information, call (907) 267-2896, or write: ADF&G, Division of Sport Fish, Attn: Tracy Smith, 333 Raspberry Road, Anchorage, AK 99518. **Enrollment limit: 125. Register early! Workshop space is limited.** 

12:00 - 1:00 Lunch and closing program

- Lodging: You will stay in a bunkhouse or cabin with between 9 and 15 other people. Cabins and bunkhouses are heated and have electric outlets. A few bunks in the cabins are in the loft. Shower facilities are in the bunkhouses or in a nearby building. Plan to bring sheets and blankets or a sleeping bag. Room assignments will be on a first come, first serve basis.
- Special Needs: If you have any special dietary requirements or special needs that require assistance, please indicate on the registration form and we will try to accommodate your needs.
- Fishing Licenses: Ice Fishing classes require a valid Alaska fishing license. Please bring your license with you.

- Equipment: Demonstration equipment will be provided by the instructors. Feel free to bring your own firearm, fishing gear, compass, or Dutch oven. If you wish to bring your own firearm, it must be safety checked by instructors during registration.
- Smoking/Alcohol: Smoking is not allowed in buildings.
   Alcohol is not allowed on Solid Rock Bible Camp property.
- What to Bring: Most classes are outdoors and hands-on, regardless of the weather. Hiking boots and/or winter boots are necessary. Be prepared to dress in layers (bring a hat and gloves). Bring personal toiletries, a water bottle, and winter coat and pants. If you have questions about what clothes to bring, please call ADF&G in Soldotna at 262-9368 and speak to Larry or Patti or in Anchorage call Tracy at 267-2896.

PLANNING COMMITTEE MEMBERS

Patti Berkhahn, ADF&G Cathie Harms, ADF&G Fritz Kraus, ADF&G Larry Lewis, ADF&G Nancy Sisinyak, ADF&G Tracy Smith, ADF&G **WORKSHOP SPONSORS** 

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